

## Stopping Bullying or Harassment is Important Don't be a Bystander

A bystander is an onlooker or spectator to bullying or harassment.

You can stop the bullying by:

- Letting the person doing the bullying know what they are doing is wrong
- Helping the situation by taking away the audience – WALK AWAY!
- Using assertive body language and saying "Stop it, leave them alone"!
- Not watch silently or laughing
- Encouraging the person who is being bullied to get away from the situation and ask for help from an adult
- Reporting it to a teacher, Senior Leader or Principal
- Changing your friends if they are bullies.



## Do you Bully or Harass?

If you hurt, upset or shame another person a teacher will have a restorative conversation with everyone involved.

### You will be given fair opportunity to

- Show that you are willing to take responsibility for and talk about your behaviour
- Show that you are sorry for what you have done
- Make suggestions to help repair harm and damage.

### We may offer you

- Counselling
- Skills training
- Special programs to help you stop bullying and harassing
- A meeting with your parents

If you continue to bully and harass, you will face more serious consequences.



# Bullying & Harassment

### At Enfield Primary School we

Providing a nurturing, supportive and inclusive learning environment within the context of a culturally diverse birth to year 7 campus  
Students have the right to be free from bullying and harassment



## What is Bullying or Harassment?

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyber bullying refers to bullying through information and communication technologies.

Conflict or fights between equals and single incidents are not defined as bullying.



## Places Where Bullying Can Occur

- On the way to or from school
- In the school yard
- In the classroom
- On the computer.

## Bullying and Harassment Can Happen in Different Ways

Harassment is unwanted and unwelcome behaviour that is usually but not always repeated.

Bullying and harassment at school can involve students, teachers, student services officers and parents.

### Types of Harassment

- Physical
- Sexual
- Verbal and written
- Face and body gestures
- Cyber bullying e-mails, text, voice messages.
- Graffiti
- Group leaving others out, ignoring them
- Indirect- organising someone else to bully
- Discriminating- bullying/harassing based on gender, race, ethnicity, appearance, disability, financial status, age.



## What Can You Do If You Are Being Bullied?

- Ask them to stop
- Tell a teacher
- Tell the Principal or Senior Leader
- Tell your parents/caregivers.

## What Does the School Do About Bullying and Harassment?

- Investigate reported incidents of bullying and use restorative justice methodology to deal with issues
- Contact parents if bullying or harassment is a repeated and inform them of action taken by the school
- Give consequences to students who bully/harass others. These consequences may be time out, restricted play, take home or suspension.

